

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## INGRID Van Jaarsveld

Has successfully participated & completed the

8km Jolly July Trail Run 2018

held at Casa-Lee Country Lodge.

**TIME** 01:06:46

**PACE** 08:19/km

OVERALL 22 of 59

**GENDER** 13 of 41

**50 - 59** 3 of 15

23 September 2018, Sun

Date



BoutTime

Signature